







TK/K: Return to Campus Student Checklist





Student Name: _____

Directions for Families/Students:

Please work together to complete these activities during your independent work day before school reopens. Work may be done in English or the home language. Once you have completed an activity, please mentally check off each item. Suggested materials: your device, paper, pencil or pen, and crayons. Keep your work handy for future use.

Transitional Kindergarten/ Kindergarten

Topic / Time	Activity / Options	
 <p>Organizing for Success! Managing Your Learning Needs</p> <p>30 Minutes</p>	 <p>Plan and set up a morning routine. 15 Minutes</p>	 <ul style="list-style-type: none"> <input type="checkbox"/> Rise and shine <input type="checkbox"/> Brush your teeth <input type="checkbox"/> Comb your hair <input type="checkbox"/> Eat Breakfast
 <p>Independent Online Orientation 60 minutes total</p> <p>These activities are to support our students before they begin their work for the day.</p>	 <p>Online Safe Steps to School Orientation</p> <p>Please watch these videos to prepare for a safe return to learning.</p>	 <ul style="list-style-type: none"> <input type="checkbox"/> Find a comfortable flat surface (that is not where you sleep.) <input type="checkbox"/> Set up your tablet or Chromebook <input type="checkbox"/> A Day in the Life of an Elementary Student <input type="checkbox"/> COVID-19 Testing Program <input type="checkbox"/> Daily Pass Video (English) <input type="checkbox"/> Daily Pass Video (Spanish) <input type="checkbox"/> Rocket Rules ENG <input type="checkbox"/> Rocket Rules SPANISH <input type="checkbox"/> Schedule a COVID test

		<input type="checkbox"/> Return to Campus Family Video (English) <input type="checkbox"/> Return to Campus Family Video (Spanish) Academic Connection: <input type="checkbox"/> Discuss with your family why it is important to follow the safety rules when you return to school. Draw a picture of how you will be safe.
 Managing your own Health & Wellbeing 60 Minutes	 Physical Education / Health 30 minutes	<input type="checkbox"/> Stretch for 5 minutes <input type="checkbox"/> Go Noodle / Yoga for 20 Minutes <input type="checkbox"/> Cool down for 5 minutes Alternative Options: <input type="checkbox"/> Take a walk, Run in place, Dance
	 Mindfulness 30 minutes	<input type="checkbox"/> Watch the read aloud Make it a Mindful Day <input type="checkbox"/> Complete Mindful Monday Prompt: What is mindfulness? Why is it important? <input type="checkbox"/> Practice breathing in like you are smelling a flower and out like you are blowing out a candle.
Academic Connections 30 Minutes	 Math and ELA	ELA <input type="checkbox"/> Draw about what you would like to learn this year. Write about your picture or tell your story to someone at home and have them write for you. <input type="checkbox"/> Read a book for a 5- 10 minutes Math <input type="checkbox"/> Find a collection of things in your house: pennies, beans, socks, or spoons. Count them and record how many items you have in your collection.