







4-5/6: Return to Campus Student Checklist





Student Name:

Directions for Families/Students:

Please work together to complete these activities during your independent work day before school reopens. Work may be done in English or the home language. Once you have completed an activity, please mentally check off each item. Suggested materials: your device, paper, pencil or pen, and crayons. Keep your work handy for future use.

Fourth-Fifth/Sixth Grades

Topic / Time	Activity / Options	
 <p>Organizing for Success! Managing Your Learning Needs</p> <p>60 Minutes</p>	 <p>Plan and set up a morning routine. 30 Minutes</p>	<div style="display: flex; align-items: center;"> <div style="flex: 1;"> <ul style="list-style-type: none"> <input type="checkbox"/> Rise and Shine <input type="checkbox"/> Brush your teeth <input type="checkbox"/> Comb your hair <input type="checkbox"/> Eat Breakfast </div> <div style="flex: 0.5; text-align: center;">  </div> </div> <p>Academic Connection:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Write about healthy habits are important for learning.
	 <p>Set up a learning space 30 Minutes</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Find a comfortable flat surface that is not where you sleep <input type="checkbox"/> Set up your device <input type="checkbox"/> Read a book for 15 minutes <p>Academic Connection:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Write the changes you have made to your workspace and how it helps your learning.
 <p>Online Safe Steps to school Orientation 60 minutes total These activities are to support our students before they begin their work for the day.</p>	 <p>Online Safe Steps to School Orientation</p> <p>Please watch these videos to prepare for a safe return to learning.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> A Day in the Life of an Elementary Student <input type="checkbox"/> COVID-19 Testing Program <input type="checkbox"/> Daily Pass Video (English) <input type="checkbox"/> Daily Pass Video (Spanish) <input type="checkbox"/> Schedule a COVID test <input type="checkbox"/> Return to Campus Family Video (English) <input type="checkbox"/> Return to Campus Family Video (Spanish) <p>Academic Connection:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Discuss with your family and write about why it is important to follow the safety rules we have on campus. Share with your teacher in Schoology discussion.

 <p>Managing your own Health & Wellbeing</p> <p>60 Minutes</p>	 <p>Physical Education / Health 30 minutes</p>	<input type="checkbox"/> Stretch for 5 minutes <input type="checkbox"/> Go Noodle / Yoga for 20 Minutes <input type="checkbox"/> Cool down for 5 minutes Alternative Options: <input type="checkbox"/> Take a walk, Run in place, Dance
	 <p>Mindfulness 30 minutes</p>	<input type="checkbox"/> Complete Mindful Monday Prompt: What is mindfulness and why is it important? Write in your journal. <input type="checkbox"/> Practice breathing <input type="checkbox"/> Practice calm-down strategies
<p>Academic Connections 60 Minutes</p>	 <p>Math and ELA</p>	<p>ELA (35 min)</p> <input type="checkbox"/> Read a book for 15 minutes <input type="checkbox"/> Choose two or three of the following activities <ul style="list-style-type: none"> ○ Write a summary that includes the beginning, middle and end of the story you read, or a favorite movie. ○ Describe your favorite character from the book or movie. ○ Write a new ending for the book or movie. ○ Write about 3 things you would like to learn this year. ○ Explore one of your favorite digital tools in Schoology, such as BrainPOP, Discovery Education, IXL, Learning A-Z or others. <p>Math (25 min)</p> <input type="checkbox"/> Complete a math scavenger hunt. Find the following in your home, and then draw pictures of the objects and label them. <ul style="list-style-type: none"> ○ Find something with a percentage. ○ Find something that refers to time. ○ Find something that you use to measure volume and/or liquid. ○ Find something you use to measure length, width, or height. ○ Find something comes in twos, fours, sixes or twelves in your home. ○ Find something with a fraction